



F A Y E H A M M O N D  
C O N S U L T A N C Y  
Care, Quantum and Case Management

PROFESSIONAL BACKGROUND AND EXPERIENCE

Sarah Bennett

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Sarah has worked in the HR industry for over 20 years, within her family business supporting the NHS, private hospitals, and other large businesses throughout the UK. Her own business runs bespoke 360-degree feedback survey to businesses and predominantly to the NHS for the monitoring of Doctor's CPD performance for appraisal and revalidation. The medical revalidation surveys commenced in 2006 and Sarah spotted a niche area to offer support and a valuable service to the NHS. Sarah continues to run this company as well as working with FHC as the Care Co-ordinator. The wealth of experience Sarah has gained with people management and understanding human behaviour lends itself well to her new Care Co-ordinator role. Sarah has previously run other companies using her strong knowledge of accounting and day-to-day company management skills. She prides herself on being very people focused and a great believer in good communication with staff and clients alike.

Sarah is a passionate advocate for Autism and ADHD as she has raised her son who has these conditions. She is required to adapt everyday processes and communications to help him achieve the best quality of life growing. This affords her huge understanding of how other parents and care givers deal with the concerns of Autism and ADHD, as it's often the case you have to re-write the manual and consider very person centred approaches to supporting each individual being particularly aware of social isolation for them. Sarah is a strong advocate in educating people to more fully understand the conditions and to learn approaches by which they can adapt to the client rather than applying a 'one size fits all' method.

Sarah joined Faye Hammond Consultancy in February 2024 as the Care Co-ordinator and is responsible for the day to day running of the FHCC care packages, supporting all carers with their HR needs and in ensuring all staff and clients are supported with training, equipment and regular feedback to ensure the smooth running of the packages. She has already proven herself to be an invaluable member of the team. Sarah is based in the Poole head office location.

Her free time is spent around her love for motorcycles, having recently bought a project, a 1978 Honda which she will be restoring. She enjoys reading and spending family time in the great outdoors of Dorset where she lives.